# Theory and the Social – Ecological Model

### Individual

Community/Social Level Media Theories (Agenda Setting, Framing, Reception Theory)

### **Summary-Focus**

The mass media can focus attention on issues, helping to generate public awareness and momentum for change. Research on **agenda setting** has shown that the amount of media coverage of any given issue correlates strongly with public perception about its importance. The media tell people what to think about. **Agenda dynamics** refers to the relation among media agenda (what is covered), public agenda (what people think about), and policy agenda (regulatory or legislative actions on issues).

**Media advocacy** refers to civic actions to shape media attention on a specific issue. How groups promoting social change persuade the media through various techniques to cover their issues. **Framing** is how issues are presented in news coverage. The same issue can be described in different ways depending on the narratives and sources used. Experimental research shows that news frames strongly influence how people perceive issues and think about possible courses of action. The media reflects opinions among political elites. Given journalism's reliance on elites for news, it tends to "index" attitudes and opinion among powerful newsmakers.

## **Key Concepts**

- Agenda setting (McCombs & Shaw, 1972 Glanz, Rimer and Lewis, 2008,) Research on agenda setting has shown that the amount of media coverage of any given issue correlates strongly with public perception about its importance. The media can influence what people think *about* (even if it doesn't always influence *what people think*).
- Agenda dynamics (Media agenda, Public agenda, Policy agenda) (Rogers & Dearing, 1996). Agenda dynamics refers to the relation among media agenda (what is covered), public agenda (what people think about), and policy agenda (regulatory or legislative actions on issues).
- **Media Advocacy** (Wallack (1993) Media advocacy refers to civic actions to shape media attention on a specific issue. How groups promoting social change persuade the media through various techniques to cover their issues.
- **Framing** (Goffman, 1974, Iyengar, 1991) Framing is how issues are presented in news coverage. The same issue can be described in different ways depending on the narratives and sources used. In health campaigns, the same issue can be presented with a "gain frame" (this is what you gain from quitting smoking) or a "loss frame" (if you smoke you will die!)

Health Belief Model

Theory of Planned Behavior

Stages of Change

Theory of Human Motivation

### Interpersonal

Dialogical Approaches or Theories

Social Learning Theory

Diffusion of Innovations

### Community/ Social

Social Movement Theory

Social Network Theory

Media Theories

Social Convention Theory

Theory of Gender and Power